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| **HSI DAY SUGGESTED PROGRAM SAMPLES** |

*Several models of real HSI Day programs are listed below to get your creative juices flowing! Feel free to mix, match, add, delete, or rearrange components as desired. Create the program that makes the most sense for your school, available resources, and incoming population.*

**Program Sample 1**

* Large Group Meeting in Auditorium. Complete pre-test.
* Divide students into groups (by ID/ Nametags, colors, numbers). One group goes to session one while the other goes to session two, then rotate.

**Session 1** Tour of Building, Icebreaker, team building activities in gym or open space

**Session 2** 1 or 2 Mini-Class Visits

Student Leaders Talk about *How to succeed in this high school*

* Complete post-test. Closing and Dismissal

**Program Sample 2**

* Students meet in large group where they are greeted by key staff. Complete pre-test. Opening assembly welcome from HSI Day coordinator, staff, faculty, and student leaders. View a video of the school, created by students.
* Students are then paired with a student mentor (1-3 ratio).
* Students follow the mentor’s mini-schedule of 2-3 classroom visits.
* Report to gym for icebreakers, team building activities, scavenger hunt. Complete post-test.
* Closing and dismissal

**Program Sample 3**

* Stagger the arrival times of elementary schools.
* When they arrive they are taken to empty classrooms where they are greeted by select staff. Complete pre-test. Student leaders share important information about high school.
* Student leaders lead them in icebreaker activities, spirit activities, learn the school song.
* Student panel.
* Students are paired with mentors and attend special classes with them.
* Snacks are served. Game show quiz on what was learned about the school with prizes of school items to the winners. Complete post-test.
* Closing and dismissal

**Program Sample 4**

* Greet and Register Students
* Divide Students into Groups of 30
* 6 Groups to a session:

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| **Group** | **Session 1** | **Session 2** | **Session 3** |
| **A-G** | Auditorium  Counselors | Class visit  Tour of building  High School Trivia | Activities in Gym/ or Outdoor Space  Tour of building  High School Trivia |
| **H-O** | Class visit  Tour of building  High School Trivia | Activities in Gym/ or Outdoor Space  Tour of building  High School Trivia | Auditorium  Counselors |
| **P-Z** | Activities in Gym/ or Outdoor Space  Tour of building  High School Trivia | Auditorium  Counselors | Class visit  Tour of building  High School Trivia |

* Prior to the event, teachers are recruited to teach specially designed, engaging mini-lessons. Identify 3 or 4 student leaders for each group.
* Groups will rotate to all three sessions:
  + Session 1: 6 groups meet with Counselors in Auditorium (high school success, student panels, key people and dates)
  + Session 2: Class visit, tour of building, High School Trivia (student leaders will take two groups on a tour of the building while two groups go to a session on things common to high school, learn the school song or cheer etc
  + Session 3: Group Activities in Gym or Outdoor Space, tour of building, High School Trivia

**Program Sample 5**

* Notify teachers of the event and ask them to develop fun, engaging lessons the eighth graders can participate in. ID Student Leaders *(number determined by size of visiting group)*
* Each student leader is assigned 8th Graders who will follow them for the number of pre-determined periods. *(Student leaders copy their program for the 8th graders so that they learn how to follow a high school schedule)*
* Students are greeted upon arrival and paired with student leaders
* During Division, each elementary school can be assigned to an empty classroom where they will receive key information from counselors and selected high school staff.

**Program Sample 6**

* Students will arrive between 9-9:30am with their own bagged lunch (lunch will not be provided) and proceed to the auditorium to be checked in. Extra security assigned to each floor to welcome students and be available for directions and to answer questions in the hallway.
* Pre-test given.
* Students will be placed into groups of no more than 8 students, to be led by a senior youth leader. Youth leaders will facilitate the smooth transition of their group from class to class. They will also lead their group in teambuilding activities during lunch.
* Each group will visit 3 classrooms of different content areas and including at least one freshman class to observe/participate in brief activities. Only one group will visit a particular classroom at a time. All classrooms in the school will be utilized, unless otherwise specified.
* Groups will also complete a school tour and learn the school song (facilitated by the school choir).
* The day will conclude with lunch across the street at the Garfield Park Conservatory. All youth leaders and freshman teachers will chaperone lunch. Post-test given.
* Students depart at 12:30pm.

**Detailed schedule of activities:**

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| **3rd Period**  10:04-10:55 – 51 min.  (15 min per class rotation) | 10:04-10:19 | Visit classroom or auditorium to learn school song |
| 10:19-10:22 | Transition to next class |
| 10:22-10:37 | Visit classroom or auditorium to learn school song |
| 10:37-10:40 | Transition to next class |
| 10:40-10:55 | Visit classroom or auditorium to learn school song |
| 10:55-10:59 | Transition to next class |
| **4th Period**  10:59-11:50 – 51 min.  (15 min per class rotation) | 10:59-11:14 | Visit class or begin school tour |
| 11:14-11:17 | Transition to next class |
| 11:17-11:32 | Continue or begin school tour |
| 11:32-11:35 | Transition to next class |
| 11:35-11:50 | Visit class or end school tour |
| **5th Period**  11:54-12:45 – 51 min | 11:50-12:00 | Meet up with chaperone, then walk to Conservatory for lunch (rain location=auditorium) |
| 12:00-12:30 | Bagged lunches and teambuilding activities |
| 12:30 | Dismissal |

**Program Sample 7**

* HSI Day held in the evening, due to extremely limited space during the school day. Upon arrival, students will be directed to the auditorium where they are given their real schedules to follow. Pre-Test given.
* Principal will welcome them and student leaders will facilitate a large group team building activity.
* The mock school day then begins. Upon entering each class, they will be greeted by two student leaders (chosen by teacher recommendation) to present/reveal what is expected in that particular class.
* Students have a 4-minute passing period to get to each class followed by a 5-minute mock class period. This will include a full day schedule with lunch built into the schedule, in which students will receive snacks. During 3rd and 5th periods, students will also experience a hall sweep.
* The school day will conclude in the auditorium with another team building activity, student panel, and fashion show on the do’s and don’t of the dress code requirements. Information on Freshman Connection and Orientation given. Students take post-test.
* Dismissal